Coach Wooden's Pyramid Playbook

Faith
through prayer

Patience
good things take time

Competitive Greatness

Be at your best when your best is needed

Enjoyment of a difficult challenge

Fight
determined effort

Integrity
purity of intention

Poise

Just being yourself

Being at ease in any situation

Never fighting yourself

Confidence

Respect without fear
May come from being prepared and keeping all things in proper perspective.

Resourcefulness
proper judgment

Reliability
creates respect

Condition

Mental-Moral-Physical. Rest, exercise, and diet. Moderation. Dissipation must be eliminated.

Skill

A knowledge of and the ability to properly and quickly execute the fundamentals. Be prepared and cover every detail.

Team Spirit

A genuine consid-eration for others. An eagerness to sacrifice personal interests of glory for the welfare of all.

Adaptability
to any situation

Honesty
in thought and action

Self-control

Practice self-discipline and keep emotions under control. Good judgment & common sense.

Alertness

Be observing constantly. Stay open minded. Be eager to learn and improve.

Initiative

Cultivate the ability to make decisions and think. Do not be afraid of failure, but learn from it.

Intentness

Set a realistic goal. Concentrate on its achievement by resisting all temptations, be determined, and be persistent.

Ambition
for noble goals

Sincerity
keeps friends

Industriousness

There is no substitute for work. Worthwhile results come from hard work and careful planning.

Friendship

Comes from mutual esteem, respect, and devotion. It must not be taken for granted but needs joint effort.

Loyalty

To yourself and to all those depending on you.

Keep your self-respect.

Cooperation

With all levels of your coworkers. Listen if you want to be heard. Be interested in finding the best way, not in having your own way.

Enthusiasm

Brushes off upon those whom you come in contact. You must truly enjoy what you are doing.

Success is peace of mind that is the result of self-satisfaction in knowing you did your best to become the best you are capable of being.